

21st INCOFYRA

**International Conference on Frontiers
in Yoga Research and Its Applications**

Theme: Integrating Best of East with Best of West in Medical Practice

Jan 3-7, 2016 | Prashanti Kutiram, Bengaluru - 560 105



**On Jan 3, 2016
Inauguration by**

**Shri Narendra Modi Ji
Hon'ble Prime Minister**

Shri Siddaramaiah
Hon'ble Chief Minister
of Karnataka



Shri J P Nadda
Hon'ble Minister for
Health and Family Welfare
Government of India



**Shri Shripad
Yasso Naik**
Hon'ble Minister of State
(Independent Charge)
Ministry of AYUSH, GoI



**Padma Vibhushan
Dr. D Veerendra
Heggade**
Dharmadhikari,
Shri Kshetra Dharmasthala



Shri U T Khader
Hon'ble Minister for
Health and Family Welfare
Government of Karnataka



**Shri Sharana
Prakash Patil**
Hon'ble Minister for
Medical Education
Govt. of Karnataka



Organised by: VYASA, Bengaluru

Technical Support by: S-VYASA Yoga University, Bengaluru

PARTNERS

Ministry of AYUSH, Ministry of Health & Family Welfare,
Ministry of Tourism, Ministry of Culture

COLLABORATORS

European Association for the Study of Diabetes
International Society of Hypertension
British Heart Foundation

ASSOCIATES: Medical Colleges, Universities & National Institutes

HOST: Government of Karnataka



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My dear brothers and sisters...



In modern times, management of non-communicable diseases has become an enormous challenge to the medical fraternity worldwide. It is increasingly being recognized that non-communicable diseases are multi-factorial problems and therefore the solutions to these have to be multi-faceted. Evidence based approach is of utmost importance to provide the best possible care for the patients. Equally important is to develop cost-effective treatments. Modern Medicine, Yoga and

other AYUSH systems of medicine approach patient care in their own unique ways. Each system has got its own advantages. Hence it is necessary to explore how these systems of medicine can complement each other in order to provide best solutions for the management of non-communicable diseases.

The 21st INCOFYRA will make an effort to integrate Ayurveda, Naturopathy, Yoga, Unani, Siddha, Homeopathy and Modern Medicine by bringing prominent researchers and doctors from all these fields on one platform. The focus of 21st INCOFYRA will be on the major non-communicable diseases - Diabetes, Hypertension, Cardiovascular diseases, Psychiatric diseases and Oncological problems. We welcome you all to our Prashanti Kutiram campus.

With Love

Dr H R Nagendra

President, 21st INCOFYRA
President, VYASA and
Chancellor, S-VYASA University



CONFERENCE OBJECTIVES

1. To disseminate the research findings in the field of integrative medicine and give directions to future research
2. To translate the available research findings of integrative medicine into clinical practice
3. To establish working groups comprising universities, health care providers and policy makers to initiate collaborative research programs
4. To deliver cost effective mass health care means to address common ailments at urban and rural the primary health care level
5. To have discussions on reforms in policies related to integrated health care system



MAIN CONFERENCE: 21st INCOFYRA

Jan 3 - 7, 2016

Theme - Integrating Best of East with Best of West in Medical Practice

The theme addresses the urgent need for collaborative actions involving health professionals from conventional medicine and traditional medicine, policymakers, government organizations and Industries to deliver the best health care to public. Particular focus is placed on highlighting the importance of integrative medicine as preventive health care strategy, for the management of NCD's and Promotion of Positive Health. This meet would be the basis for Policy reformation with respect to health care system in India and developing countries. Also as a cost effective solution to health care in developed countries of the world.

CONFERENCE PROGRAMS AT A GLANCE

Date	Program
Dec 27, 2015 - Jan 2, 2016	Pre - Conference workshop
Jan 1 & 2, 2016	Himalaya Yoga Olympiad Finals
Jan 3 - 7, 2016	Main Conference

MAIN CONFERENCE PROGRAM HIGHLIGHTS

Inaugural Ceremony: Jan 3, 2016 by Prime Minister Shri Narendra Modi Ji

Valedictory Ceremony: Jan 7, 2016

Choice of Morning Sessions	
Jan 4 - 7, 2016 5.00 am - 6.30 am	General Yoga Classes, Advanced Āsanas; Yoga therapy (8 Tracks including diabetes); Advanced Techniques (5 Tracks: AVARTAN, PET, MSRT, VISĀK and AĀNAMAS), Naturopathy treatments, Ayurveda for rejuvenation
Common Morning Maitri Milan	
Jan 4 - 7, 2016; 8.00 am - 8.45 am	in the Main Hall
Scientific Sessions	
Jan 4, 2016, Monday	
9:00 am - 1:00 pm	Plenary Sessions
2:00 pm - 5:00 pm	Parallel Symposia 1. Recent advances in T2DM - by European Association for the study of Diabetes (EASD); 2. Oncology; 3. Mental Health
	Poster Presentation
Jan 5, 2016, Tuesday	
9:00 am - 1:00 pm	Plenary Sessions
2:00 pm - 5:00 pm	Parallel Symposia 1. Recent advances in hypertension - by International Society of Hypertension and British Heart foundation; 2. Oncology; 3. Mental Health
	Oral Presentation
Jan 6, 2016, Wednesday	
9:00 am - 1:00 pm	Plenary Sessions
2:00 pm - 5:00 pm	Parallel Symposia 1. Diabetes; 2. Oncology; 3. Cardiology; 4. Mental Health
Common Evening Sessions	
Jan 3 - 6, 2016; 5.15 pm - 6.00 pm	Satsangas/ Cultural program and Exhibitions
Jan 3 - 6, 2016; 6.30 pm - 8.00 pm	Yoga for Holistic Health
Special Meetings	
8.30 pm - 10.00 pm	On Policy Matters and Research Collaborations; Translation to Clinical Practices; National Movements
Refreshments	
6.30 am - Breakfast 10.30 am - Tea 1.00 pm - Lunch 3.30 pm - Tea 8.00 pm - Dinner	



WHERE IS THE CONFERENCE - BENGALURU

Bengaluru, the capital of the Karnataka, is fifth largest city in India. It is also known as the 'Garden City of India'. The beautiful parks and gardens and tree-lined streets of Bengaluru make travel to the city a pure pleasure. The year 2000 saw the introduction of Information Technology in Bengaluru and since then, the city has not looked back. It has reaped the most out of the IT Boom in India and boasts of the highest concentration of IT companies in the country. Today, Bengaluru is known as 'The IT Capital of India' and "The Silicon Valley of India'. There are a number of places in Bengaluru that are worth visiting, including gardens, museums, palaces, temples, etc. One of the major attractions of the city is the Vidhana Soudha, the State Secretariat, adorned with delicate Dravidian architecture. For the nature lovers, there is the famous Cubbon Park, stretching over an area of 250 acres. Not to be missed are the amazing museums in the city, especially the Visvesvaraya Technological and Industrial Museum. The Ulsoor Lake of Bengaluru is also quite known for its beautiful locales and boating facilities. Even from education point of view, Bengaluru is very popular. A large number of students come to Bengaluru every year to enroll in the various undergraduate as well as postgraduate programs. The city also boasts of two excellent institutions, namely Indian Institute of Management and Indian Institute of Science.



Welcome home to experience Bengaluru!



PRASHANTI KUTIRAM

Prashanti Kutiram is the headquarters of Vivekananda Yoga Anusandhana Samsthana. It is located 32 km from Bengaluru city. The serene atmosphere, Gurukula lifestyle, modern technology, topnotch research facilities are the unique features of this campus. In its 100 acre spacious campus it houses following:



- a. **S-VYASA University** – S-VAYSA is Deemed University recognized by the Ministry of Human Resource Development, Govt. of India. It offers Bachelors, Masters, Post Graduate programs in Yoga.
- b. **VYASA** – VYASA is a registered charitable institution (1986) working for making Yoga as a socially relevant Science. It is recognized as a Scientific & Industrial Research Organization (SIRO) from the Department of Scientific & Industrial Research, Ministry of Science & Technology, Govt. of India
- c. **Arogyadhama** - A 250 bedded holistic health home and research center
- d. **Anvesana** – State-of-the-art research facility for yoga research. The laboratory includes Molecular biosciences, Psychophysiology, Cognitive neuroscience, Sleep medicine, and Psychology and Subtle energy labs.
- e. **VYASA Health Care Pvt Ltd** - VYASA Health Care Pvt. Ltd. is an outreach partner of VYASA and industry partner of S-VYASA University, aims at establishing wellness and holistic healing centers globally under the brand names Vivekananda Health Global (VHG)TM and Vivekananda Yoga Global (VYG)TM with trade names (VH)TM & (VY)TM
- f. **SVYP** - An exclusive yoga publication house
- g. **Sushruta Ayurvedic Medical College and Hospital** - With emphasis on high quality practice of Ayurvedic medicine and research. And a naturopathy college, the school of yoga and naturopathic medicine.
- h. **The School of Yoga and Naturopathic Medicine** - It offers Bachelor in Naturopathy and Yogic Sciences (BNYS), a 5¹/₂ year medical graduation program



WHO SHOULD PARTICIPATE ?

1. Medical professionals
2. Practitioners of Indian medicine (AYUSH)
3. Yoga researchers and yoga therapists
4. Wellness and health industry persons
5. Policy makers

PRE CONFERENCE PROGRAMS

HIMALAYA YOGA OLYMPIAD Finals

Starts on Nov 1, 2015

Finals - Jan 1 & 2, 2016 at Prashanti Kutiram

The objectives of Himalaya (A Yoga Olympiad) is to promote the awareness of yoga and build up a network of yoga students, practitioners, teachers and sadhakas at the national and international levels. We hope to spread the message of yoga as a science of Holistic living to be



achieved through Jnāna Yoga, Rāja Yoga, Bhakti Yoga and/or Karma Yoga, as proclaimed by Swami Vivekananda. The syllabus, therefore, cannot end with physical demonstration of yogasanas only. It also assesses knowledge and grasp of concept and definition of yoga and its various techniques, for total growth of the individual, including physical, mental, emotional and intellectual development and their spiritual basis. HIMĀLAYA thus aims at helping the youth of our country grow together, and expand their vision, so they leave behind the mad rush of cut-throat competition and selfishness and engage in co-operative, harmonious pro-active living.



PRE CONFERENCE PROGRAMS

PRE-CONFERENCE WORKSHOPS

Dec 27, 2015 - Jan 2, 2016 at Prashanti Kutiram

Workshops on holistic healing will be conducted on 7 different diseases (Oncology, Cardiology, Psychiatry, Rheumatology, Spinal disorders, Metabolic disorders, Endocrinology).

The basic principles of Integrated Approach of Yoga Therapy (IAYT) and latest approaches towards Holistic Healing will be addressed. Eight tracks of Holistic Healing which includes Yoga Therapy, Naturopathy and Ayurveda will be given under the expert guidance. This is meant for yoga therapists and doctors.



For details contact: *ph:* 080-2263 9963 | *e-mail:* arogyadhama@gmail.com



SMET (Self Management of Excessive Tension)

2 days - SMET - Dec 27 & 28, 2015

5 days - SMET Rejuvenation - Dec 27 - 31, 2015

NEW YEAR PROGRAM

Jan 1, 2016

'Maha Mrutyanjaya Homa for Total Health & Peace'

Invitation to the willing persons for dedicated life of Holistic Health Promotion

Special Satsang for World Health, Harmony, Bliss and Peace



YIDM (Yoga Instructors for Diabetes Training)

Dec 27, 2015 - Jan 2, 2016

A week long training for YIDM

Certificates will be given for successful persons

PHARMA WORLD & AROGYA EXPO: Health Exhibition

Dec 27, 2015 - Jan 7, 2016 at Prashanti Kutiram

Pharma World & Arogya Expo will bring consumers into close contact with Physicians and Industry & knowledge resources offering best options for health care for Holistic living. While pharma world is well known in all modern medical conferences world over supporting the conferences, Arogya Expo is an initiative promoted actively by the Department of AYUSH, Government of India. It aims to support professionals, institutes and industry in Indian Medicine (AYUSH) to showcase their products and services and thereby make people aware that AYUSH systems form safe, effective modes of health care which constitute first choice for large sections of India. For several years, Arogya Expo are organised in different cities of India.



CONFERENCE ORGANIZING COMMITTEE

PRESIDENT: Dr H R Nagendra

VICE-PRESIDENTS: Padma Vibhushan Dr. D Veerendra Heggade, Dr K Subrahmanyam, Dr Ramachandra G Bhat, Sri T Mohan, Prof N V Raghuram, Prof R Venkatram, Sri Ramkumar Rathi, Sri Mahendra Jhabak

SCIENTIFIC COMMITTEE CHAIRS: Dr R Nagrathna, Dr D Nagaraja, Dr B N Gangadhar, Dr Manjunath N K, Dr Ramesh M N, Prof Siva Umopathy, Dr Kashinath Dixit, Dr Satish Babu, Dr Narasimha Shetty

ORGANISING SECRETARY: Dr Sudheer Deshpande

JOINT SECRETARIES: Dr Naveen K V, Dr K B Akhilesh, Prof. T G Sitharam, Dr Prahlada, Dr Prashanth Shetty,

COORDINATORS - REGISTRATION: Dr Balaram Pradhan, Dr Pranav Sharma, Dr Swati Singh

COORDINATORS - EXHIBITION: Sri Mahadevappa, Sri Lakshmi Narayana V S

TREASURER: Sri H R Dayananda Swamy

CO-ORDINATORS FOR HIMALAYA YOGA OLYMPIAD:

Dr Rabindra M Acharya, Sri Dilawar Singh, Dr Vikas Rawat, Dr Jaideep Arya

CHAIR FOR NATIONAL AROGYA EXPO: Sri J S D Pani, Sri Jaykumar, Dr Geetha Krishnan

CHAIR FOR MEDIA: Nadoja Dr Mahesh Joshi, Sri Suresh Chavhanke

CULTURAL PROGRAMS: Dr Ramakrishna, Dr Sanjib Patra, Dr Kavita V

HOSPITALITY: Smt. Sharada Shankar, Dr Dhvani Sharma, Smt. Manjula

PUBLICATIONS: Sri M S Surendra, Sri Lokesh H

PUBLICITY & MARKETING: Mrs Priyanka Jhabak Loonker, Sri Chirag Hakked, Ms Pria Rao

TRANSPORT: Sri Mohan Kishore, Sri Umopathy

PRE CONFERENCE WORKSHOPS: Dr Amit Singh, Dr Padmini Tekur, Dr Hemanth Bhargav

WEBSITE MANAGEMENT: Sri Bharatheesha P, Smt. Krishna Taware

VIDEO: Sri Murulidhara H D, Sri Elumalai, Sri Manoj

CAMPUS ARRANGEMENTS & LOGISTICS: Sri Veerendra Nath, Sri Arun Jain

LAISON: Sri Raghu Bengaluru, Dr Naresh Sharma, Sri Prasad S, Sri Vishwanath



CONFERENCE REGISTRATION

Register before Nov 15th to gain maximum concession

Individual Programs	Dates	SAARC Countries		International	
		Before Nov 15, 2015 in ₹	After Nov 15, 2015 in ₹	Before Nov 15, 2015 in US\$	After Nov 15, 2015 in US\$
Pre-Conference	Dec 27, 2015 - Jan 2, 2016	7,000	9,000	350	450
Main Conference	Jan 3 - 7, 2016	3,500	4,500	250	350
Both Programs	Dec 27, 2015 - Jan 7, 2016	10,000	13,000	600	700
Day Rate for Conference		1,100	1,500	90	115

- This includes Transportation from Bangalore Rly Station or Bus Stand to Prashanti Kutiram & back on Jan 2nd/3rd & 7th/8th, Vegetarian Food and Attendance of all Conference Programs
- **Please Note:** Choose your own Accommodation (Optional)

Accommodation in Prashanti Kutiram campus (limited) from Jan 3rd - 7th (4 nights)

Dormitories: ₹ 4,000 | Single Rooms: ₹ 8,000

Double Rooms: ₹ 10,000 / 2 persons | Deluxe Rooms: ₹ 16,000 / 2 persons

Villas: ₹ 10,000/day | Special Dorms set up for Conference ₹ 2,000 for 5 days

Outside Accommodation facility

Hotels	Ph	Cell
Hotel R V International	080-2782 6099 / 6100	90352 02384
Hotel V Inn	080-2782 5000 / 1	99722 05912 99006 49448 97406 03111
Hotel Sai Vishram	080-4040 0400	

- Students are entitled for 50% concession. Student ID card/letter from principal should be submitted during registration process.
- Registration at S-VYASA campus office is also available
- Mode of payment: by Cash, Demand Draft, NEFT online transfer, payable to **VYASA 'Vivekananda Yoga Anusandhana Samsthana'**
- **Online transfer details for Indian Nationals:** A/C Name: Vivekananda Yoga Anusandhana Samsthana; A/C No: 31004780111; Bank & Branch: SBI, Jigani; IFS Code: SBIN0011355
- **Online transfer details for Internationals:** A/C Name: Vivekananda Yoga Anusandhana Samsthana; A/C No: 0405101028355; Bank & Branch Name: Canara Bank, Chamarajpet; IFS Code: CNRB0000405; MICR Code: 560015010
- After online payment, please mail a copy of payment receipt to **incofyra21@svyasa.edu.in / incofyra21@gmail.com**
- For more details please visit conference website **www.svyasa.edu.in**

SPEAKERS IN THE CONFERENCE

NATIONAL

1. **Dr. Ajay Kumar**, Founder & Chairman, HCG, Bengaluru
2. **Dr. B K Sahay**, Diabetologist, Sahay Clinics, Hyderabad
3. **Dr. B N Gangadhar**, Professor of Psychiatry, NIMHANS, Bengaluru
4. **Dr. B T Rudresh**, Classical Homeopathic Practitioner, Bengaluru
5. **Dr. Bhushan Patwardhan**, Vice-Chancellor, Symbiosis International University (SIU), Pune
6. **Dr. C L Khetrapal**, Distinguished Professor & Vice Chairman, CBMR, Lucknow
7. **Dr. C N Manjunath**, Director and Professor of Cardiology, Sri Jayadeva Institute of Cardiology, Bengaluru
8. **Dr. D Nagaraja**, Director, School of Integrative medicine, S-VYASA, Bengaluru
9. **Dr. D Prabhakaran**, Vice President, Public Health Foundation of India
10. **Dr. Devi Prasad Shetty**, Chairman and Founder, Narayana Health, Bengaluru
11. **Dr. Dharshan Shankar**, Vice Chancellor, Institute for Trans-Disciplinary Health Sciences, Bengaluru
12. **Dr. G G Gangadharan**, Director, M S Ramaiah Indic Centre for Ayurveda and Integrative Medicine, Bangalore
13. **Dr. Geetha Krishnan**, Medanta Department of Integrative Medicine & Holistic Therapies, New Delhi
14. **Dr. H R Nagendra**, Chancellor, S-VYASA, Bengaluru
15. **Dr. Ishwar V Basavaraddi**, Director, MDNIY, New Delhi
16. **Dr. Issac Mathai**, Medical Director, Saukya, Bengaluru
17. **Dr. K S Gopinath**, Chairman, HCG Bangalore
18. **Dr. Kotecha R**, Vice-Chancellor, Gujarat Ayurved University, Jamnagar, Gujarat
19. **Dr. M Balasubramanyam**, Dean of Research Studies & Senior Scientist, Madras Diabetes Research Foundation
20. **Dr. Manjunath N K**, Joint Director - R & D, S-VYASA, Bengaluru
21. **Dr. Narsingh Verma**, Vice President, Association of Physiologists of India
22. **Dr. Naveen K V**, Associate Professor, S-VYASA, Bengaluru
23. **Dr. Parameshwaran**, Head of Central Siddha Research Institute, Chennai
24. **Dr. Prashanth Shetty**, Principal, SDMCNYS, Ujire
25. **Dr. R Nagarathna**, Medical Director, Arogyadhama, S-VYASA, Bengaluru
26. **Dr. Raghavendra Rao**, Senior Scientist & Head, CAM Program, HCG, Bangalore
27. **Dr. Rajeev Gupta**, Preventive Cardiology, Internal Medicine and Research Centre at Eternal Heart Care Centre and Research Institute, Mount Sinai Hospital New York Affiliate, Jaipur, India.
28. **Dr. Rajesh K Grover**, Director, Delhi State Cancer Institute, New Delhi
29. **Dr. Rajesh Sagar**, Associate Professor of Psychiatry, All India Institute of Medical Sciences, New Delhi
30. **Dr. Ram Manohar**, Director, AVP Research Foundation, Coimbatore
31. **Dr. Rama Jayasundar**, Associate Professor, Department of NMR, AIIMS, New Delhi
32. **Dr. S C Manchanda**, Senior Consultant Cardiologist, Sir Ganga Ram Hospital, New Delhi
33. **Dr. Sailesh Mohan**, Senior Research Scientist and Associate Professor, PHFI
34. **Dr. Shirley Telles**, Director, Patanjali Research Foundation, Haridwar
35. **Dr. Shivaram Varambally**, Associate Professor, Dept. of Psychiatry, NIMHANS, Bengaluru
36. **Dr. Thimmappa Hegde**, Director - Narayana Institute of Neurosciences, Bengaluru
37. **Dr. V Mohan**, Chairman & Chief Diabetologist, Madras Diabetes Research Foundation, Chennai
38. **Mr. D R Karthikeyan**, Former CBI Director & Board of Directors, Star Health Insurance
39. **Prof. M A Siddiqui**, Director, National Institute of Unani Medicine (NIUM)
40. **Prof. R S Ramaswamy**, Director General, CCRS
41. **Prof. S K Chaturvedi**, Department of Psychiatry, National Institute of Mental Health and Neurosciences, Bangalore

SPEAKERS IN THE CONFERENCE

INTERNATIONAL

1. **Amrita Suryananda Maharaj**, President of the Yoga Portuguese Confederation, and the Founder of Yoga Sámkhya Institute, Portugal.
2. **Dr. Anja Schröder**, Clinic for Holistic Medicine and Traditional Chinese Medicine, Germany
3. **Dr. Bodekar**, Malaysia
4. **Dr. Christoph Garner**, Director, KWA-Klinik Stift Rottal Germany
5. **Dr. Guruprasad V**, Consultant in Physical Medicine and Rehabilitation, Central Manchester University Hospitals NHS Trust, UK
6. **Dr. Kashinath Dixit**, Consultant Diabetologist and Clinical Andrologist, Central Manchester University Hospitals NHS Trust, UK
7. **Dr. Lorenzo Cohen**, Professor and Director of the Integrative Medicine Program, University of Texas, MD Anderson Cancer Center, USA
8. **Dr. Prasanna Rao Balakrishna**, Diabetologist, Central Manchester University Hospitals NHS Trust, UK
9. **Dr. Manohar Shindhe**, Psychiatrist, Los Angeles
10. **Dr. Michael Dixon**, LVO, OBE; Chair of the College of Medicine, Medical Advisor to HRH The Prince of Wales
11. **Dr. Sara Lazar**, Massachusetts General Hospital, Harvard Medical School, USA
12. **Dr. Sat Bir Khalsa**, Brigham and Women's Hospital, Harvard Medical School, Boston, USA
13. **Mr. Anand Paranjape**, Consultant Psychiatrist, Canada
14. **Mr. Avinash Mishocling**
15. **Mr. Georgio**, Italy
16. **Mr. Keisen Kimura**, Japan
17. **Mr. Madam Tayardu**, Cambridge, UK
18. **Mr. Manoj Thakur**, Managing Director & Yoga Consultant, VYASA Yoga Singapore
19. **Mr. Peeyush Patel**, USA
20. **Mr. Rajendra Damodara Yenkannamoole**, Melbourne, Australia
21. **Prof. Alex Hankey**, Theoretical Physicist, UK
22. **Prof. Ananda Pandurangi**, Director of Brain Stimulation Therapies, Division of Inpatient Psychiatry, VCU Health System
23. **Prof. Andrew Boulton**, Professor of Medicine, University of Manchester, UK
24. **Prof. Anthony Heagarty**, Professor of Medicine, Cardiac Centre lead in the Institute of Cardiovascular Sciences, Manchester University
25. **Prof. John Mendelson**, The University of Texas, MD Anderson Cancer Center, USA
26. **Prof. Rhian Touyz**, President, International Society of Hypertension, UK
27. **Prof. Sen Pathak**, Cellular Genetics Laboratory, The University of Texas, MD Anderson Cancer Center, USA
28. **Ram Bhardwaj**, New Zealand
29. **Swami Maheshwarananda**, Yogi Guru, Austria

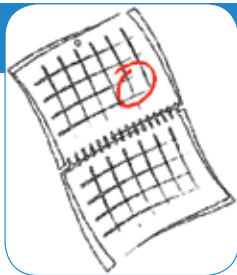
FASCINATING ATTRACTIONS OF 21st INCOFYRA

1. Inauguration by Prime Minister Sri Narendra Modi Ji in the serene high tech Prashanti Kutiram campus
2. Research Symposia on Recent Advances in Endocrinology, Hypertension, Oncology and Mental Health
3. CME for Doctors
4. Oral and Poster Presentations
5. Multi Track Morning Practice Sessions
6. Music and Light with Water Fountain in front of the tallest Swami Vivekananda statue
7. Opportunity to hear, top Researchers, Ministers, Policy Makers and Yoga Masters
8. Pharma Pavilions, Exhibitions, Arogya Expo Stalls & Pavilions, Diagnostic Equipment Exhibitions & Sales
9. Publications Corner
10. Santsangs by renowned personalities
11. Special Awards
12. Stop Diabetes Movement exhibition
13. Updating your Yoga Practices and Demonstrations
14. Visits to High-Tech Anvesana Research Lab for Holistic Measurements
15. YIDM training for Yoga Teachers
16. Yoga Exhibition



for details visit our web

www.vyasa.org | www.svyasa.edu.in
www.incofyra.com

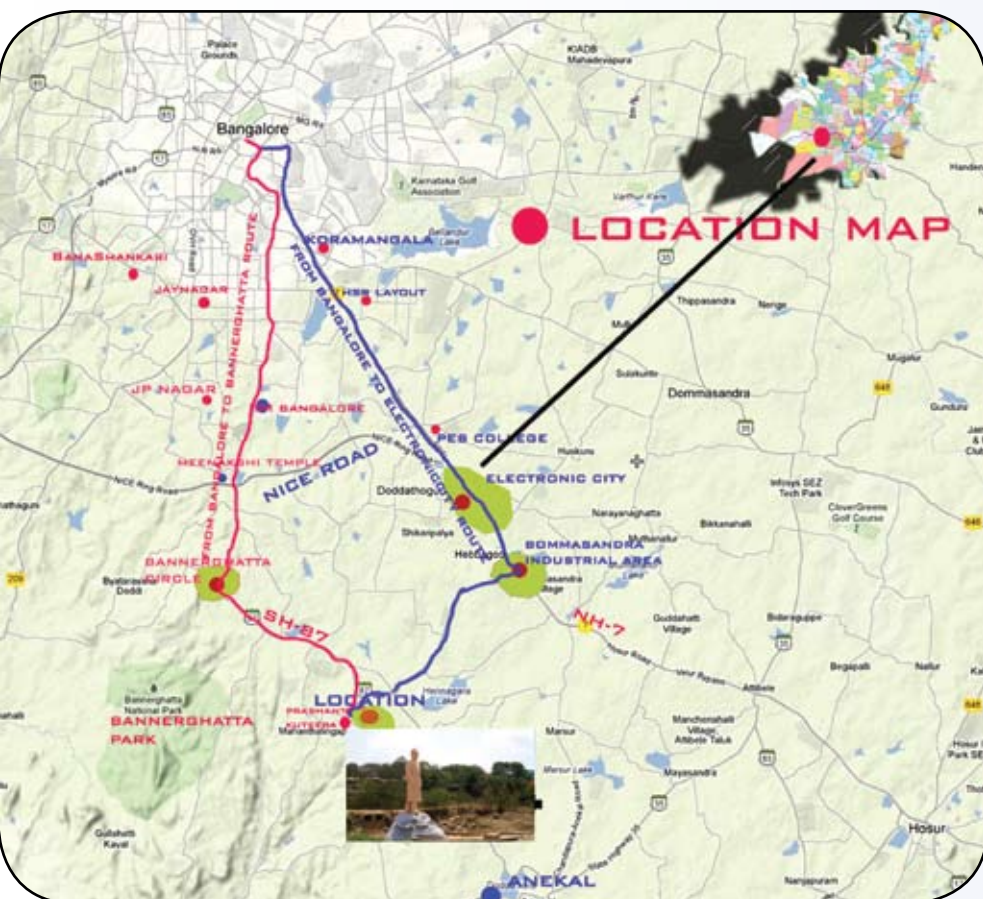


DATES TO REMEMBER

Pre Conference programs	Dec 27, 2015 - Jan 2, 2016
Main Conference	Jan 3 - 7, 2016
Registration to avail early bird offer	Nov 15, 2015
Last date for Abstract submission	Nov 30, 2015
The abstracts will be peer reviewed and acceptance or otherwise will be intimated by	Dec 10, 2015

- Scientific research papers and review papers on the theme and related topics in yoga and integrative medicine are invited for oral and poster presentations.
- Submit your abstract on conference webpage. Please visit conference webpage for details. For any queries please write to incofyra21@svyasa.edu.in

ROUTE MAP TO PRASHANTI KUTIRAM, Jigani, Bengaluru



CONTACT...

Conference Secretariat:

Chief - **Sri Mahadevappa**
Manager - **Sri Laksmi Narayana V S**
'Eknath Bhavan', #19,
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